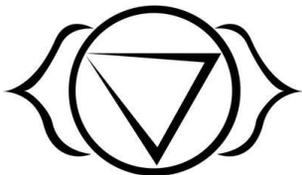


Does Esoteric Healing work for everyone?

According to the National Association for Esoteric Healing,sm about 75% of clients benefit considerably; about 10% don't recognize the benefit; and about 15% find that although their direct problem is not helped, there is an inner change which helps to make their health problem more manageable.

How do I find a Practitioner of Esoteric Healing?

To find a practitioner and schedule an appointment in your area, see the practitioner directory of the National Association for Esoteric Healingsm at www.NAEHonline.org



What is Esoteric Healing?



National Association for Esoteric Healing
4655 Dobie Road, Suite 240
Okemos, MI 48864
www.naehonline.org
Email: info@naehonline.org
517.515.2980

What is Esoteric Healing?

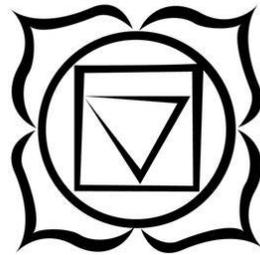
There is an energy field that surrounds and permeates the bodies of all living beings. It is an active, invisible field that is commonly called the aura or etheric body. This energy field, although invisible to the naked eye, can be photographed with Kirlian photography and felt by trained hands.

This type of healing work uses the energy field and is known as “esoteric” healing, meaning “hidden” until studied in greater depth. The existence of the energy field and its use in healing has its roots in ancient healing practices. It has only been in the past few years however, that Western Science has realized its significance. Esoteric Healing was developed in the early 1960s in England.

When one is healthy, energy flows easily throughout the body. When the energy is blocked, restricted, or deficient this is often associated with physical body disease, emotional issues, and/or mental alterations. These problems within the energy field are often present before they appear in the physical body.

Esoteric Healing practitioners have learned to use their hands to sense areas in the client's energy field that are weak or congested. Using energy balancing techniques, the practitioner can restore the client's energy

field to a more flowing, healthy state. Treatment often results in improved physical, emotional, and mental conditions. The practitioner does not touch the client, but works within the energy field at various distances from the client's body. Healing energies are available to all, whether or not an individual belongs to any religious denomination. You don't have to believe in it for it to work.



What is an Esoteric Healing treatment?

You can expect your Esoteric Healing practitioner to obtain a brief history before treatment. Clients then close their eyes and relax, fully clothed, in a chair or on a treatment table. Esoteric Healing work engages the energy field surrounding the client and often produces an effect of deep relaxation. It is not difficult to be still for a typical 30-40 minutes treatment. Occasionally, relief is obtained after one treatment; usually, after three treatments the practitioner and client assess the healing progress.

During treatment, some clients feel light movements. Sometimes the effect of the treatment is felt immediately, but more frequently an effect is not observed until shortly afterward. After treatment, clients are encouraged to spend time quietly to facilitate their healing response.

Energy is influenced by our mental and emotional states, and treatment may produce an effect in these areas. Clients are asked to consider the thoughts, memories, and feelings they may experience in the days following treatment. This is an inner response to healing that the client may deal with privately or they may wish to discuss with the practitioner.

The National Association of Esoteric HealingSM (NAEH) maintains a comprehensive certification process.

A NAEH Certified Practitioner of Esoteric HealingSM has completed coursework taught by NAEH-accredited instructors. The curriculum includes anatomy, philosophy, metaphysical principles, energy balancing methods, detailed treatment methods and ethical standards of practice.