

# Group Healing Practical

1

## Orientation To The Practical

- ❖ People who live together in a nation or work in groups toward common goals and a shared vision have a collective identity. In healing work it is helpful to consider these groupings as an organism.
- ❖ This is a suggested group healing for a nation organism, specifically It is in support of **healing the psyche of America and the Corona Pandemic.**
- ❖ In this group healing we will be aligning with and directing healing love in communion with the National Angel of America. This great deva or "Archangel Potentate" as it has been described guides it's people and supports the evolution of America to fulfill it's dharma.
- ❖ The importance of the healer being anchored in Love is seen in this passage from Esoteric Healing: ***"See that no thought-power or will-power enters into the stream of healing energy, but only a concentrated radiating love. The use of the visualising faculty and of the creative imagination, plus a sense of deep and steadfast love, will keep the mind and the will in abeyance."*** EH 103
- ❖ The purpose of this healing meditation is to generate a compassionate collective organism (our group of healers) to support the healing and psychic health of a nation organism (America) through the co-creative expression of healing love.

2

## Stages In A Group Healing Process

### 1 Creating A Loving Space for the individual

- ❖ Generating the healing space for the person is through meditation and includes using the breath to physically relax, calm the emotions, develop non-reactive witnessing of the flow of thoughts, and experience feelings of kindness and compassion for all aspects of the personality. Expanding and opening the personal consciousness to the Inner Self (Soul) and inviting this loving awareness, illumination and life into the heart of the individual healer. Opening to and penetrating/surrendering into the boundless, changeless awareness of pure being, the monad.

### 2 Co-creating A Loving Space for the Group

- ❖ Generating a **temple of healing love** is through meditation and the extension of kindness and love from each person to every other person. Opening to the inner self of each person, the group Over soul and the One Life Visualize a healing circle of radiant white light with a golden hew with each person forming a radiant point of Love and Illumination, sending love, heart to heart, each to each.
- ❖ Inviting our teachers, helpers and fellow disciples from the Inner Community to participate in the healing process.
- ❖ Inviting the healing devas with respect, gratitude and love to join the co-creative healing process

### 3 Co-creating the Energy Healing Service

- ❖ This is the directing of the healing energies to the client, in this case, the nation of America. The client is included and visualized to be in the center of the Temple of Healing Love

3

## Request to the Healing Devas for their Aide

Sound this gently from a heartspace if it feels right for you

“Salutation to the healing devas, we send our love and gratitude. We call upon the healing deva of this earth, Archangel Rafael, we call upon the healing deva of this solar system.

We call upon the healing devas of the Christ and the Buddha who work with spiritual healers throughout the world, we call upon the healing devas of the Mother of the World.

We ask that you to come to our aide and pour forth your healing life and love into America. We ask that you share with us these joyful labors of healing, that the Divine Self may be set free in America. We ask specifically that the **psyche** of America and the **Corona Pandemic** be healed in accordance with the greatest of humankind.

We ask that you bless and protect all who participate in this healing.”

4

## Mantram of Unification Adapted

The souls of all are one and I am one with them.  
 I seek to love, not hate; I seek to serve and not exact due service;  
 I seek to heal, not hurt.  
 Let pain bring due reward of light and love.  
 Let the soul control the outer form, and life and all events And bring to light the love that  
 underlies the happenings of the time.  
 Let vision come and insight.  
 Let the future stand revealed.  
 Let inner union demonstrate and outer cleavages be gone.  
 Let love prevail. Let all people love.

**This is sounded from the heart center and in mental unison with the group, as if a unified thought of the group.**

Text from The Tibetan: "These words may seem inadequate, but said with power and an understanding of their significance and with the potency of the mind and heart behind them, they can prove unbelievably potent in the life of the one who says them. They will produce also an effect in his environment, and the accumulated effects in the world, as you spread the knowledge of the formula, will be great and effective. It will change attitudes, enlighten the vision and lead the aspirant to fuller service and to a wider cooperation based upon sacrifice." (EXH 142)

5

## NATIONAL ANGEL

- ❖ "Each well-established nation is similarly presided over by a National Angel or Archangel Potentate. This lofty Intelligence is associated more especially with the Egos of all members of the nation. It unifies itself with each and continually enhances the spiritual power and life of the Ego. On occasion it also sends an impulse down to the personality to act in a manner which will best contribute to the fulfilment of dharma[53] and evolution to the stature of the perfect man.
- ❖ A National Angel may be studied from two distinct points of view. According to one aspect, he may be regarded as a member of the more elevated ranks of the Angelic Hierarchy who has been appointed to this high office. In that capacity he works largely from the level of Spiritual Will, from which he obtains a full knowledge of the karma[54] and the dharma of his nation, and of the ideal development towards which it is part of his duty to guide and inspire its people. His work is to quicken the evolution of his nation and to inspire its leaders to make decisions which will help towards the fulfilment of the national dharma; he seeks to minimise the effects of errors and to exercise a restraining influence, so that the nation may not depart unduly from the path leading to its highest destiny, or fail to take its appointed place in the family of nations."

From THE KINGDOM OF THE GODS by Geoffrey Hodson, © 1952 The Theosophical Publishing House, Adyar Full text of this topic is available at <https://sanctushealing.org/resources/>

6