

EVOLVING INTO “GROUP WORK”



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OUTLINE



- What groups are we a part of?
- Evolution from Ray 6 of Piscean Age into Ray 7 of the Aquarian Age brings us to group work
- The best Group Work is preceded by individual work
- Group work and initiations
- Group Work and Purpose, and the Plan
- Group healing work
- Musical videos associated with group work

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WHAT ARE WE A PART OF?

SOURCE

PLANETARY LOGOS

SUPERHUMAN RACE

HUMAN RACE

ANIMAL KINGDOM

PLANT KINGDOM

MINERAL KINGDOM

“Group unity must be viewed somewhat from the mystical standpoint... the trend of the evolutionary process is to make each unity, microcosm and macrocosm, and intelligent co-operator, responsive to forces impinging upon it externally, and aware of its own internal economy and of the latent forces and energies which it has to contribute to the good of the whole.”

“Man, standing as he does at the middle point in evolution.... through him can be worked out intelligently the laws of group unity for all the groups, superhuman, human, and subhuman (animals, plants, minerals).”

Treatise on Cosmic Fire, pg. 1211-1212

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GROUP WORK IS EVERYWHERE!



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PISCAN RAY 6 TO AQUARIAN RAY 7

6TH Ray

Has promoted the growth of individualism.

Groups exist, but they are groups of individuals gathered around an individual.

Groups of individuals not in close relation, subject to internal dissention, based on personality reactions.



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PISCAN RAY 6 TO AQUARIAN RAY 7

7TH RAY

Will foster "group spirit"

- The "path of group awareness"
- Related to group service and sacrifice- the "Age of Divine Service"
- Brotherhood/Sisterhood/Personhood- caring and acting for the good of others

Energy/consciousness of the 7th Ray will foster the creation and training of groups working in close unison with each other and with the Plan



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GROUP WORK IS RELATED TO THE PLAN

It takes a group to intuit the Plan

"If a group of minds can be drawn together and fused into an adequate synthesis, and if they (in daily meditation) keep focused or oriented towards that which can be apprehended, great concepts can be grasped and great ideas intuited.

Men can train themselves – as a group – to think these intuited ideas of the true and the beautiful and of the Plan into manifested existence, and thus a creation of beauty, embodying a divine principle can be built.

...Train yourselves to transmit them (these ideas) so that others can apprehend them also. This is the nature of the real work to be done by the new groups."

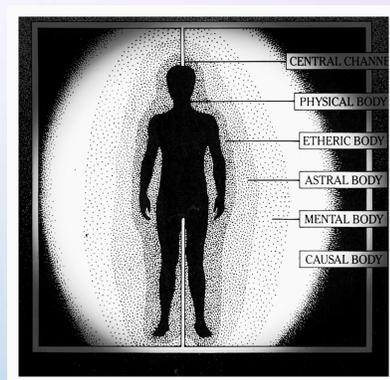
- Esoteric Psychology Vol 1, pg. 11

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PREREQUISITE TO FULL PARTICIPATION IN GROUP WORK: INTEGRATION OF THE PERSONALITY

Integrate the personality-

- Raise and purify "the living qualities"
(physical/etheric, emotional, mental, personality bodies)
 - Personal work- Address the subconscious and "shadow" aspects of the personality, work with them, allow healing
 - Meditation, study, service
 - Esoteric Healing can help by facilitating the flow of the Soul energy, and "allowing balance" of the personality bodies
- And through this work and the impact of the Soul, we arrive at self-acceptance and self-love



"Vibrational Medicine" by Richard Gerber, pg, 160

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INTEGRATION OF THE PERSONALITY



ODETA: "This Little Light of Mine"

<https://www.youtube.com/watch?v=J2kDsqGeoLU&feature=youtu.be>

What will come naturally from this is:

- Decentralization
- Synthesis of the parts of the personality into a oneness, and openness to the Soul
- A natural progression to focus on "group good"
- Growth in "knowledge of spiritual realities"
- You recognize you are a Light and you bring that Light into the personality, and then with the personality do group work (and encourage and recognize this Light in others)
- Eventually, living a life subordinated to group purpose

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GROUP WORK IS RELATED TO THE GROWTH OF CONSCIOUSNESS AND INITIATIONS

1st Initiation: "birth of spiritual awareness"

- Heart Center



"It is the harmony of the individual with himself and with his envioning units, and his realization of the essential oneness of all life which brings about great expansions of consciousness and leads to individual identification with some greater whole."

Treatise on Cosmic Fire, pg. 1214

<https://timesofindia.indiatimes.com/life-style/spotlight/this-x-day-explore-energy-healing-with-a-focus-on-the-heart-chakra/articleshow/74118873.cms>

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GROUP WORK IS RELATED TO THE GROWTH OF CONSCIOUSNESS AND INITIATIONS

2nd Initiation: "Purification," "Baptism"

- Throat Center



THE FOUNDATION PRAYER

Divine Presence within,
 living in wholeness,
 moving in joy and love,
 I surrender to your Will.
 Bring the radiance of your Light
 into my heart and mind,
 and merge with me to manifest
 your Will upon the Earth.

"The Essenes: Children of the Light"
 by Stewart Wilson and Joanna Prentis

<https://www.zedge.net/wallpaper/4710cac9-d625-318e-ba59-0326a62443e>

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GROUP WORK IS RELATED TO THE GROWTH OF CONSCIOUSNESS AND INITIATIONS

3rd Initiation: "Transfiguration"

- Ajna



"Having learned somewhat group relations, and having developed the ability to work in units in group formation, the initiate now learns the secret of group subordination to the good of the aggregated groups. This will demonstrate on the physical plane as the ability to work wisely, intelligently and harmoniously with many diverse types, and to cooperate in large plans and wield wide influence."

Initiation, Human and Solar pg. 121

www.vectorstock.com/royalty-free-vector/ajna-chakra-vector-19412046>Vector image by VectorStock / Oksanalee

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HC, LOVE-WISDOM AND GROUP WORK

Love-Wisdom, through the medium of the HC:

“This center, when awakened, leads to that expansion of consciousness which initiates man into his group life. He loses the sense of separateness and finally emerges into the full light of realization, a realization of unity with his own indwelling God, with all humanity, with all souls in all forms of nature, and so with the Oversoul.”

Treatise on White Magic p.g 195

Love-wisdom comes from the Monad, via the soul as follows:

- Monad
- Buddhi – spiritual love; intuition
- 2nd circle of petals in the egoic lotus, the love petals
- Astral body
- Heart center

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HC, LOVE-WISDOM AND GROUP WORK

“So let true love, silent, uncomplaining, non-critical and steadfast, be your goal and the quality of your group life. Then, when there is some definite work to do, you will work as a unit with hearts and minds as one.”

Esoteric Healing pg. 357

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“When you go out into the woods, and you look at trees, you see all these different trees. And some of them are bent, and some of them are straight, and some of them are evergreens, and some of them are whatever. And you look at the tree and you allow it. You see why it is the way it is. You sort of understand that it didn't get enough light, and so it turned that way. And you don't get all emotional about it. You just allow it. You appreciate the tree. The minute you get near humans, you lose all that. And you are constantly saying 'You are too this, or I'm too this.' That judgment mind comes in. And so I practice turning people into trees. Which means appreciating them just the way they are.”

- Ram Dass

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One who is ready for Group Work “...is one who realizes simultaneously the relative insignificance of each unit of consciousness, and also its vast importance. His sense of proportion is adjusted, and he sees things as they are; he sees people as they are; he sees himself as he inherently is and seeks then to become that which he is... he recognizes himself as a force center within a greater force center, and his is the responsibility of directing the energy which may pour through him into channels and through the group can be benefitted.”

Initiation, Human and Solar pg. 71

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**MELANIE DEMORE, VOCAL ACTIVIST
DIRECTOR, CHORAL GROUPS**

LEAD WITH LOVE




<https://www.youtube.com/watch?v=9w22S8foSbk>

**Chorus: You gotta put one foot in front of the other
And lead with love
Put one foot in front of the other
And lead with love (2x)**

**Don't give up hope
You're not alone
Don't you give up
Keep movin' on**

Chorus (2x)

**Lift up your eyes
Don't you despair
Look up ahead
The path is there**

Chorus (2x)

**I know you're scared
And I'm scared too
But here I am
Right next to you**

Chorus (2x)

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REQUIREMENTS IN GROUP WORK

INDIVIDUAL REQUIREMENTS	GROUP REQUIREMENTS
<p>1) FACILITY OF RAPPORT</p> <ul style="list-style-type: none"> - Rapport or contact with the Soul - Rapport or contact with your group members <p>2) IMPERSONALITY</p> <ul style="list-style-type: none"> - View what is said with "divine indifference" <p>3) LOVE</p> <ul style="list-style-type: none"> - Inclusive, non-critical, preserves group integrity 	<p>1) GROUP INTEGRITY</p> <ul style="list-style-type: none"> - Delicate balance preserved - Group steadiness <p>2) FUSION</p> <ul style="list-style-type: none"> - Ability of the group to work as a unit - Right attitudes - Trust <p>3) UNDERSTANDING</p> <ul style="list-style-type: none"> - Understanding the task

Discipleship of the New Age, Vol 1 pg. 59

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INSPIRED GROUP WORK

SUGGESTIONS TO PREPARE FOR GROUP WORK:

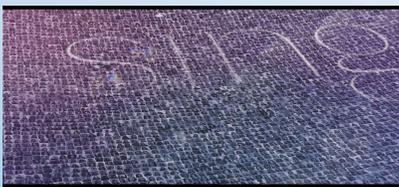
- Center in your HC, Align and Attune always to your Soul, and the Soul of other individuals and groups
- Know your own rays, and learn the rays of others in your group(s)
- Meditate – individually and in groups
 - Allow healing of inner wounds and personality challenges that might hinder group work
 - In your meditations, ask about Purpose, Plan and your part in service
 - If so guided, link with the Ashram of which you are a part
- “Be hopeful, be optimistic, be brave. You too can do something” (John Lewis)

EXAMPLES OF GROUP WORK AS SERVICE:

- Whatever your Soul calls you to
 - What inspires you, calls to you re: service?
 - Can be fun, challenging, neutral, small, large etc.
- Study groups
- Meditation groups (e.g., Triangles, Groups of 8; Groups of 12)
- Healing groups
- Community groups
- Family groups
- Play groups
- Think tanks
- Musical, other arts groups
- Science, industry, finance
- Etc.

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“SING GENTLY” BY ERIC WHITAKER



MAY WE SING TOGETHER, ALWAYS.

MAY OUR VOICE BE SOFT.

MAY OUR SINGING BE MUSIC FOR OTHERS

AND MAY IT KEEP OTHERS ALOFT.

SING GENTLY, ALWAYS.

SING GENTLY AS ONE.

MAY WE STAND TOGETHER, ALWAYS.

MAY OUR VOICE BE STRONG.

MAY WE HEAR THE SINGING AND

MAY WE ALWAYS SING ALONG.

<https://www.youtube.com/watch?v=InULYfJHK10>

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CONCLUSION

Group Work – We can't avoid it!

Points of Light becoming one Light, joining other group Lights, and walking each other Home.

Esoteric Healing is Group Work

Light; Love; One

Next: Jerry Rosser will lead us in an EH Practical focused on "Group Healing"



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THE 5:00 MANTRA

DK suggests that each person interested in group work link up at 5:00 every day with "this rapidly integrating group of servers" and say this prayer silently, while focused in the head.

Dk also tells us this mantra can be done anywhere at any time, that it aides in the work of Light, but will "serve to stabilize the individual, to increase his group consciousness, and to teach him the process of carrying forward interior subjective activities in the face of and in spite of outer exoteric functioning."

"May the power of the one Life pour through the group of all true servers.

May the Love of the One Soul characterize the lifes of all who seek to aid the Great Ones.

May I fulfill my part in the One work through self-forgetfulness, harmlessness and right speech."

Treatise on White Magic, pg. 261

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THE SEVEN LAWS OF GROUP WORK

In the book *Treatise on Cosmic Fire*, DK addresses many principles and laws related to group work. Provided in this commentary are tables of the laws, their esoteric names, symbols and rays energies.

Treatise on Cosmic Fire, pg. 1213-1220

LAW 1: The Law of Sacrifice

LAW 2: The Law of Magnetic Impulse

LAW 3: The Law of Service

Law 4: The Law of Repulsion

Law 5: The Law of Group Process

LAW 6: The Law of Expressive Response

Law 7: The Law of the Lower Four